



# Sri Lanka College of Sexual Health and HIV Medicine

22<sup>nd</sup> Annual Scientific Sessions 2017, Sri Lanka CoSHH Conference.

Telephone: +94 (071) 0900003, +94 (011) 2667029, +94 (011) 2667163 / Fax: +94 (011) 5336873

Email: [srilanka.coshh@gmail.com](mailto:srilanka.coshh@gmail.com), Web: <http://www.slcoshh.org>, Reg No: GA 2433

## LOGISTIC NOTE

### Ayubowan!!

Sri Lanka College of Sexual Health and HIV Medicine (Sri Lanka CoSHH) welcomes you to the 22<sup>nd</sup> Annual Scientific Sessions 2017. We are glad that you are interested in joining us and hope your stay in Colombo will be a fascinating experience. Important information which will be useful during your stay in Colombo is given below.

### Important Contact Details

#### General Inquire:

Conference secretariat, No. 29 De Saram Place, Colombo 10, Sri Lanka,

Tele: +94 (071) 0900003, +94 (077) 4148686, +94 (071) 8138833

Email: [srilanka.coshh@gmail.com](mailto:srilanka.coshh@gmail.com)

#### Emergency services:

| Emergency Services                        | Telephone Numbers |
|---|-------------------|
| Police Emergency Hotline                  | 118 / 119         |
| Ambulance / Fire & rescue                 | 110               |
| Falck safety services                     | 1990              |
| Accident Service-General Hospital-Colombo | 011-2691111       |
| Tourist Police                            | 011-2421052       |
| Police Emergency                          | 011-2433333       |
| Government Information Centre             | 1919              |
| Emergency Police Mobile Squad             | 011-5717171       |

### Arrival

Once you have got immigration clearance, you will reach the Duty Free shopping area and then go to the lower level by using the escalator or the lift to luggage belt area. Once you collected your luggage proceed through the custom declaration area to the open meeting area where you can find currency exchange shops and taxi service providers. If your hotel or the organizing committee has arranged transport, they will come to this meeting area with a name board.

### Accommodation

Organizing committee of the conference recommends the participants to freely browse and find their hotels near the conference venue based on individual choices.

We regret to inform you that, no special rates have been arranged for the conference attendees.

### Conference Venue:

Hilton Colombo, No. 2 Sir Chittampalam A Gardiner Mawatha, Colombo 02

TEL: +94-11-249-2492

FAX: +94-11-254-4657

| Function                  | Date and time                          | Hall       |
|---------------------------|--|------------|
| Inauguration              | By invitation on 05.10.2017 at 6:45 pm | Ballroom 2 |
| Scientific sessions day 1 | 06.10.2017 at 8:30 am                  | The Blue   |
| Scientific sessions day 2 | 07.10.2017 at 8:30 am                  | The Blue   |
| Fellowship Dinner         | By invitation on 07.10.2017 at 7:30 pm | The Blue   |

### Travel Insurance

There is no travel insurance arranged by the organizing committee of the Sri Lanka CoSHH. You are advised to have travel insurance from your country. There is an insurance cover for the passengers of vehicles.

### Departure Transportation Information

Your transportation back to the airport has to be arranged by yourself either from the hotel or from any agent who provide transport facilities.



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## The local time in Sri Lanka

The local time in Sri Lanka and India is GMT+5.30 Hours

## The currency unit

The currency unit in Sri Lanka is Sri Lankan Rupees (Rs. or LKR)

## Currency conversion rates

1 INR = 2.2 LKR,  
1 USD = 153 LKR,  
1 EURO = 164 LKR

## Credit cards

Well known credit cards like Visa, Amex and MasterCard are accepted. However, Visa Cards are popular in most of the restaurants and shops.

## Electricity voltage and plugs

The power sockets are of type D, M, G (British old style three round pin and British new style three square pins.)  
The standard voltage is 230 V and the standard frequency is 50 Hz.

## Options for Local Travel in Colombo

Tuk Tuk (Three Wheeler), Taxi and Govt, Buses, Private Buses.

Recommend to use metered Taxi or Tuk Tuk. If no meters, negotiate a charge before taking a trip.  
You can call a cab from following service providers and you can request a bill for your trip.

| Cab Services       | Telephone Numbers |
|--------------------|-------------------|
| Kangaroo Cabs      | 0112 588 588      |
| Kangaroo Vans      | 0112 501 501      |
| Kangaroo City Cabs | 0112 592 592      |
| Uber Taxi          | 0775 635 248      |
| Ace Cabs           | 0112 818 818      |
| Kango Cabs         | 0112 577 577      |
| Derana Taxi        | 0814 650 650      |
| Budget Taxi        | 0117 299 299      |

To get a Tuk Tuk you can just stop them at roadside or you can use the “**Tuk Tuk Sri Lanka**” Android App to locate a Tuk Tuk (three wheeler).

## Climate of Sri Lanka

Sri Lanka climate is tropical and consist of distinct wet and dry seasons with two monsoon seasons

South-west monsoon → May-September; brings rain to the south-west of Sri Lanka (including Colombo) while dry season in this region runs from December to March.

North-east monsoon → October-January; brings wind and rain to the north and eastern regions of the country while dry season in this region runs from May-September.

Inter-monsoon period → October-first half of November; rain and thunderstorms can occur across the island.

Upland areas of Sri Lanka are cooler and more temperate with yearly average around 16-20° C (60-68° F)

Coastal areas are warmer with average temperature around 27-30° C (80° F)

Humidity is typically high averaging out at around 80% year-round.

## Clothing

Recommend clothes suitable for sunny, humid, and for temperature about 30° C.

Lightweight rainwear is recommended any time of year.

Warm clothes are needed for central highlands to suite temperature of 16-20 day time and 8-10°C nights time.